

20th April 2021

Relationships and Sex Education Relationship and Sex Education Update

Dear Parents/Carers,

In light of recent changes to requirements for relationships and sex education (RSE), we have worked hard to make sure that our new curriculum reflects:

- Our pupils' age and maturity levels, as well as their cultural and religious backgrounds.
- The values of our school community.
- Every pupil's learning needs.
- What pupils need to know to be safe, ready and respectful in school, in their personal relationships and in the wider world.

Life Skills is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to let you know that over the next term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons will include teaching about: healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

Life Skills is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the RSE policy on the school's website as well as the curriculum section of the website for more detail. All Life Skills teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns, I can be contacted on 0121 533 5858 or at charlotte.poynton@theedgeacademy.co.uk

Yours sincerely,

Charlotte Poynton

Assistant Principal