

Journaling

Art project

Goal: to support creativity, critical thinking, evaluation, self reflection, progression of skills, written communication, collaboration, resourcefulness, research and lots more...



What is a journal? How do I get inspired?

Journals are not written for an **audience**, but rather for yourself. By keeping a journal, you get personal freedom and space to be creative as well as develop your artistic skills, critical thinking, self-reflection, communication, collaboration, resourcefulness, research and lots more...

Your journal could be based upon any themes, some suggestions are:

1. Travel
2. Home
3. Music
4. Dreams
5. Sports

Task: Watch this video <https://www.youtube.com/watch?v=eahtnxsg2GE>

Gathering materials

Task: Gather paper to make your own journaling book.

Search your house for different types of paper, such as: train tickets, envelopes, takeaway menus, gift tags, old letters, magazine pages, wrapping paper, old homework or even toilet paper (if you have any!).

Try to gather at least 5 'crazy' types of paper.

You will also need regular paper (ideally plain but can be lined or dotted).

Make sure you have at least 10 sheets of this.

At least 15 sheets total.



Time: As much as you need!

Making your book

Task: Use this the sheets of paper you have gathered to make yourself a journaling book.

Watch this video to build your own:

<https://www.youtube.com/watch?v=E0HZZv9ArTM>

Before you start, you will need:

1. Your gathered paper
2. Some type of card - old greetings card, cardboard (from food/cereal box) anything that slightly thicker than paper.
3. A binding item - elastic band or hair band works best! You can use a bulldog clip, paper clip, hair grips, string, floss, staples - anything you can get to work!
4. Scissors or a craft knife and a ruler



Examples on next slide
Time: 30 minutes - 1 hour

Example books



Theme

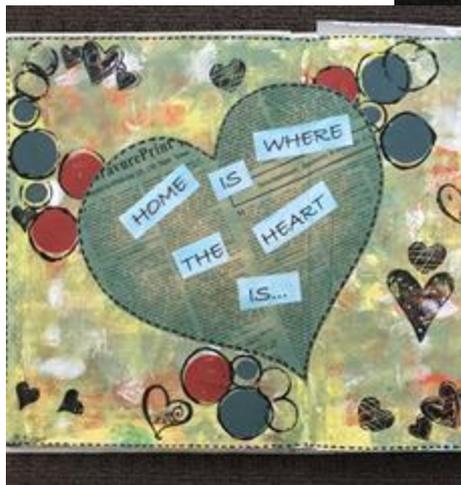
You could produce a mind map based upon your chosen theme to help you think of ideas
Below are some examples:

Dreams: nightmares, future goals, day dreaming, holidays, sleeping, thoughts

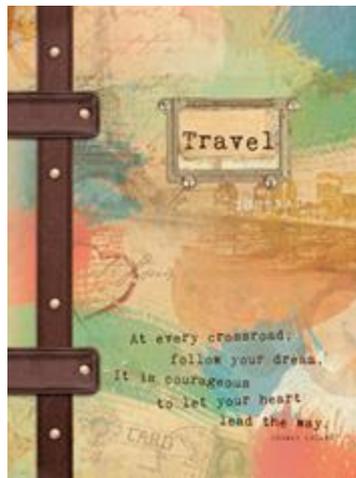
Sports: football, teams, countries, players, kits, balls, nets, stadiums

Music: genre, bands, pop, singers, instruments, concerts, radio, gigs

Get inspired



Get inspired



Watch for inspiration:

<https://www.youtube.com/watch?v=a-iZcweTvLU>



The front cover

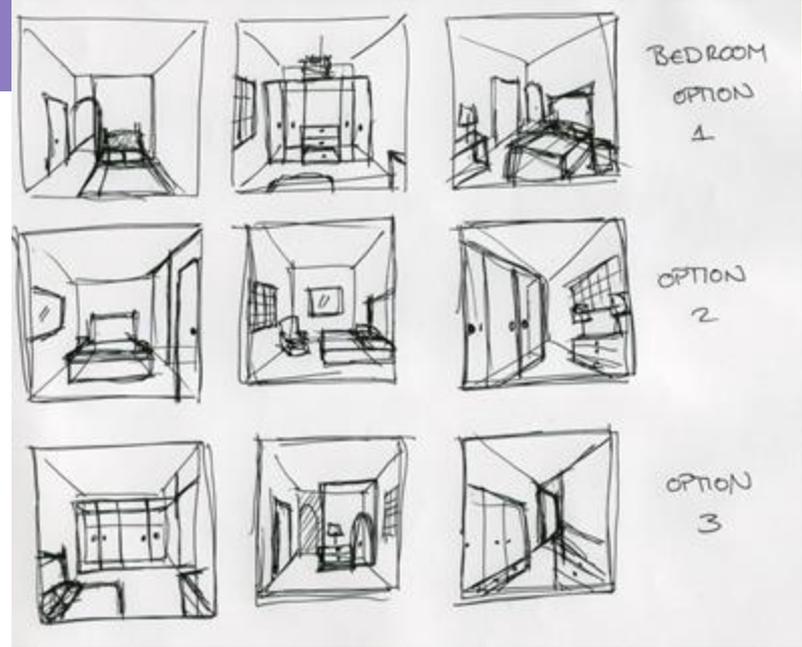
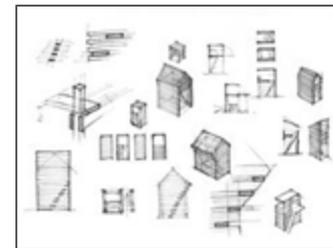
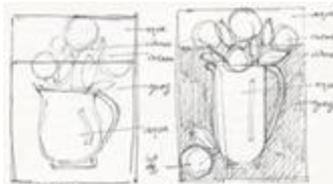
Explore a few ideas before you do the real thing.

Task: Draw at least 3 thumbnail sketch designs for your front cover. Do this on the first page of your journal. The messier, the better! See the next slide for examples.

Artists, designers, architects and many other types of jobs use thumbnail sketches so they can show and share ideas visually and quickly. It's a great way to collaborate with others. Show your work to a family member or post it on google classroom and get some feedback on your ideas.

Definition: "thumbnail sketch" describes a small drawing on paper (usually part of a group) used to explore multiple ideas quickly.

Thumbnail sketch examples



The front cover

Task: Choose your best thumbnail design and recreate it on the cover of your journal. Make sure it really expresses your chosen theme. Add your chosen theme as a title.

Think... how can you use the materials you have access to, to make this cover a masterpiece? This will help inspire you throughout the project, so make it really special.

Watch this video for help with **fonts & calligraphy** for the title: https://www.youtube.com/watch?v=qchR_voCF0s

High achievers will decorate both the front and back cover.

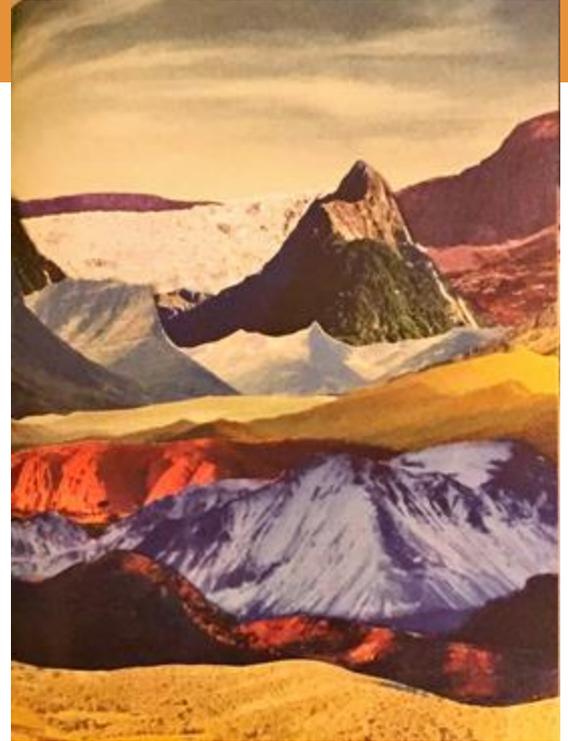
Distorted landscapes

Task: Watch this helpful video on using collage in your journal <https://www.youtube.com/watch?v=0d9G1NggjGo> then create a surreal landscape related to your theme.

Remember to link this to your theme. See my suggestions below.

1. Travel - could you layer images or drawings from different places/countries?
2. Home - Could you build this from houses? Or different rooms in the home?
3. Music - Could you write and layer lyrics from a song?
4. Dreams - Could you make the landscape totally strange and dreamlike?

Definitions: surreal describes something that's a bizarre mix of elements, often jarring and seemingly nonsensical. Images can be surreal, like the melting clocks in Salvador Dali's paintings, but so can strange, dream-like moments in everyday life.

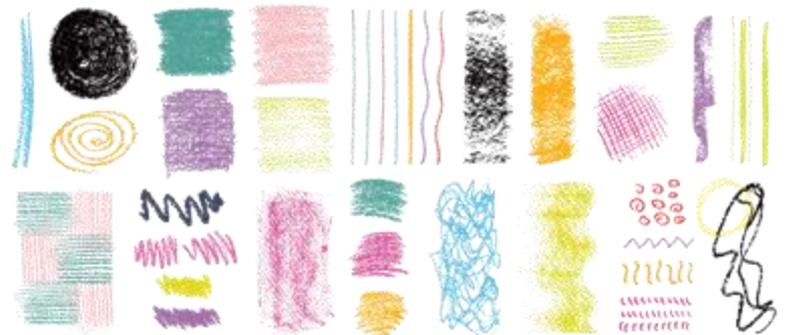
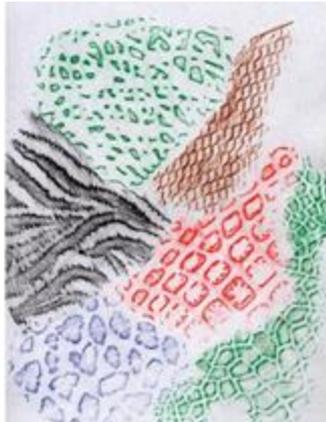


Backgrounds

Task: Watch this video <https://www.youtube.com/watch?v=j199lgr9SQg>. Taking inspiration from the video, make 2 backgrounds on your next 2 pages for your work to go on.

Try and use at least 2 different material.

Think... remember what happens when we add a little water to felt tip on a page? Could you use this instead of paint?
Remember when happens when you use pencil and paper over a textured surface? Could you use this instead of a stencil?



Research

Task: Do secondary research on the title of your theme. Search the title on Google and draw 3 of the top results. Draw all three using one continuous line.

Definition: Secondary research is a type of research that has already been compiled, gathered, organized and published by others i.e. images on google, in magazines, or in museums.



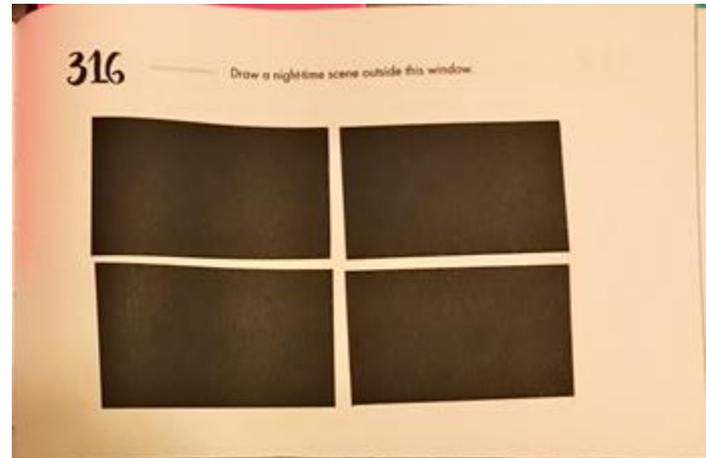
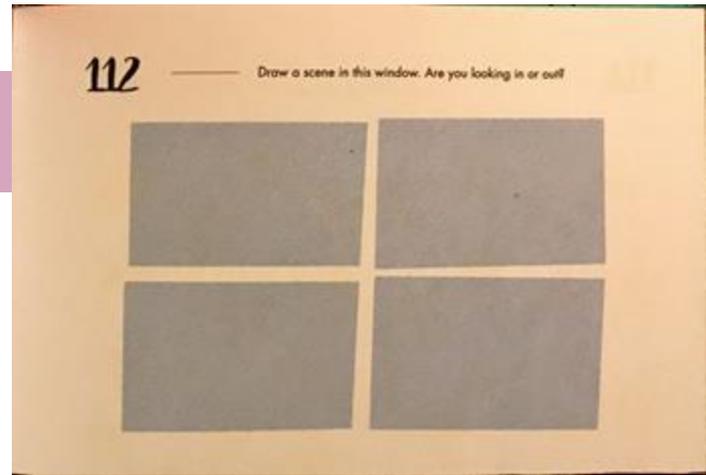
Out the window

Task: watch this video: <https://www.youtube.com/watch?v=-ltsulzf7x4>

How does this artist use materials creatively? Use at least 3 different materials on this task (even if it is just 3 different pens!)

Draw two windows on one page. One is day time, one is night time. Add a scene to the windows that relates to your theme.

1. Travel - Could it be a different country outside each window?
2. Home - Could this be the view from your window in the morning and then again at night?
3. Music - Could this be a gig at night, then the clear up the next day?
4. Dreams - Could this be a daydream, then a nightmare?



Material mix up

Task: Watch this video <https://www.youtube.com/watch?v=Rc1VrnwtWEY>. Use this inspiration to create a background on your next two pages. Find any material you can that might work!

Being resourceful is a key skill in any job, from emergency service worker, to CEO, to fashion designer to teacher! We need to be able to be make do with what we have to be successful. 'I don't have it' is never an excuse when people's lives depend on it, important clients have arrived, a dress needs adjusting or a class is waiting...

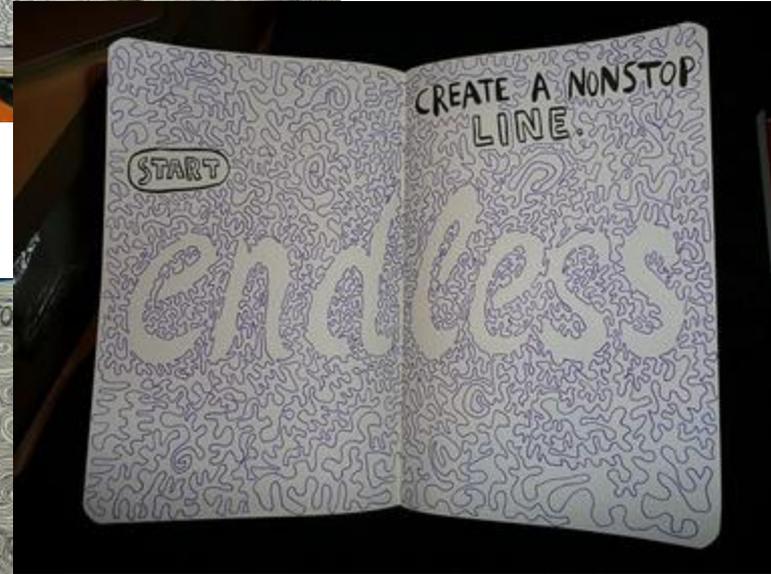


Continuous line

Task: Use a continuous line to draw an object from observation that relates to you theme.

Add a quote or sentence to highlight why this relates to your theme.

Definition: Observation art is to draw or paint a subject as accurately as possible from real life. This is a form of primary research.

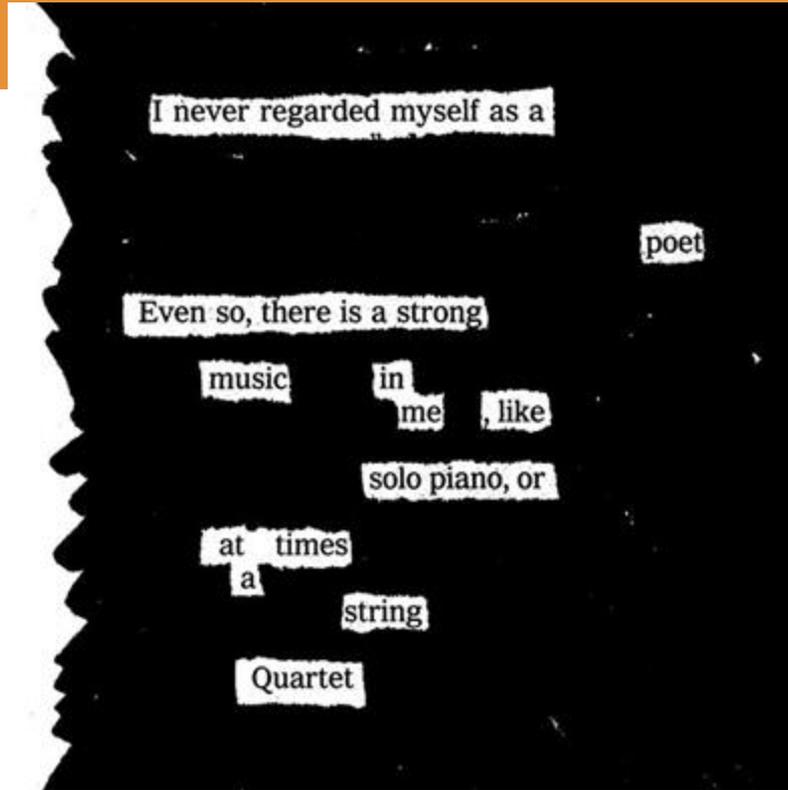


Blackout Poetry

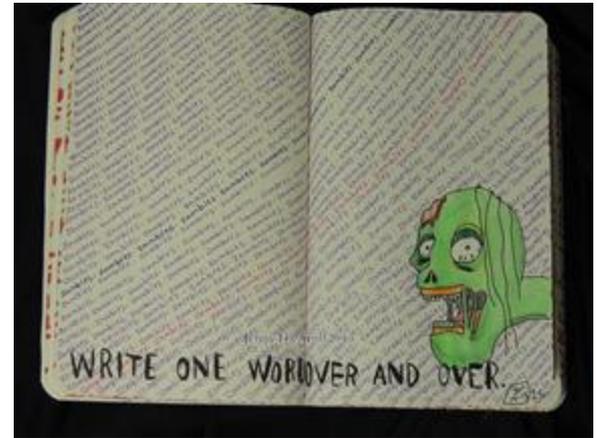
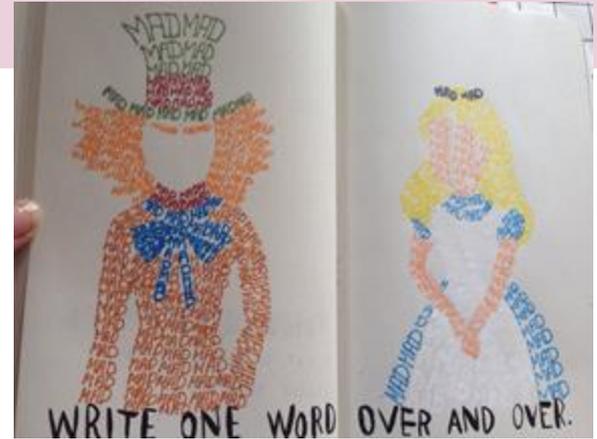
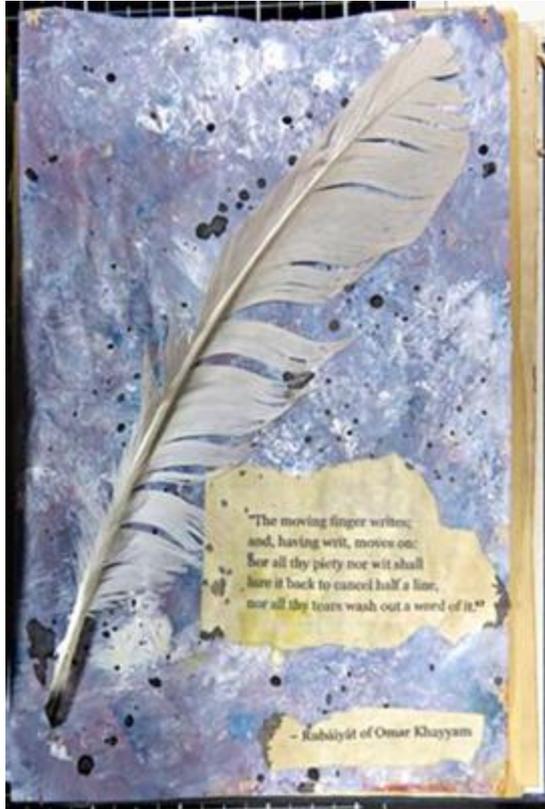
Task: Use the words from an old book, newspaper or magazine to make your own piece of blackout poetry inspired by your conversations and theme.

Stick this in your next page.

High achievers will use creative ways to block out text, with materials, colour, or collage...



Weird and wonderful examples



Wallpaper

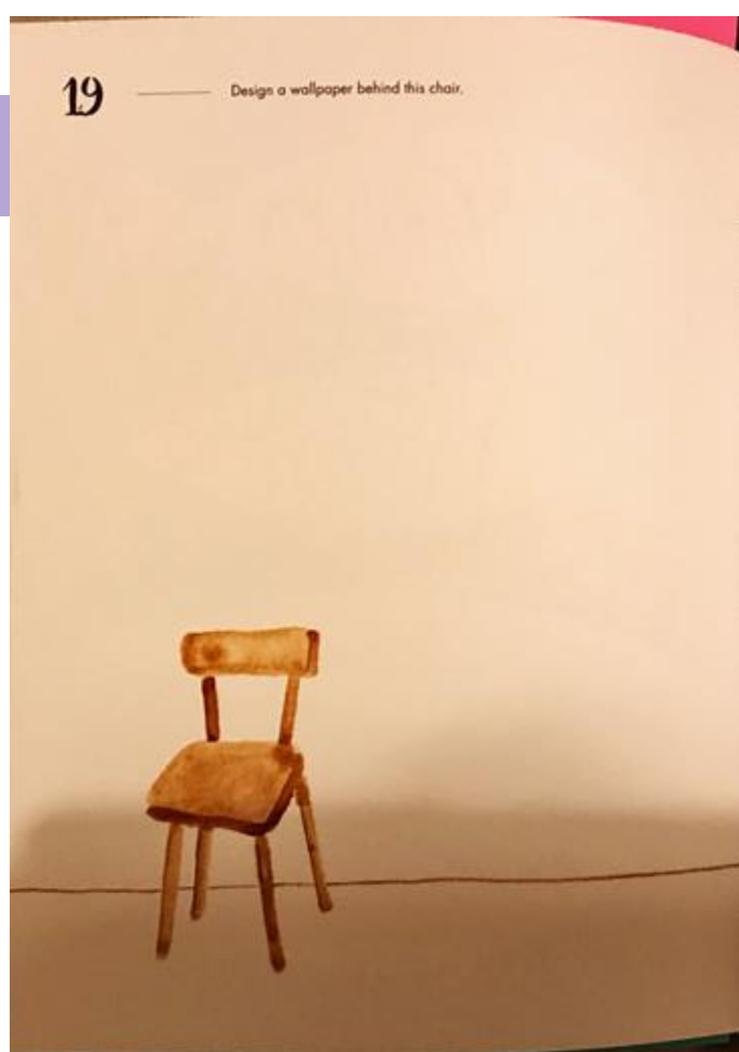
Task: Design wallpaper and chair around your theme.

High achievers will make a stencil to create this. This stencil can be used again and again as a background in your journal.

Watch these videos on more advanced stencils:

<https://www.youtube.com/watch?v=C1u3VXqNcpg>

<https://www.youtube.com/watch?v=bh3kEvhsqMg>



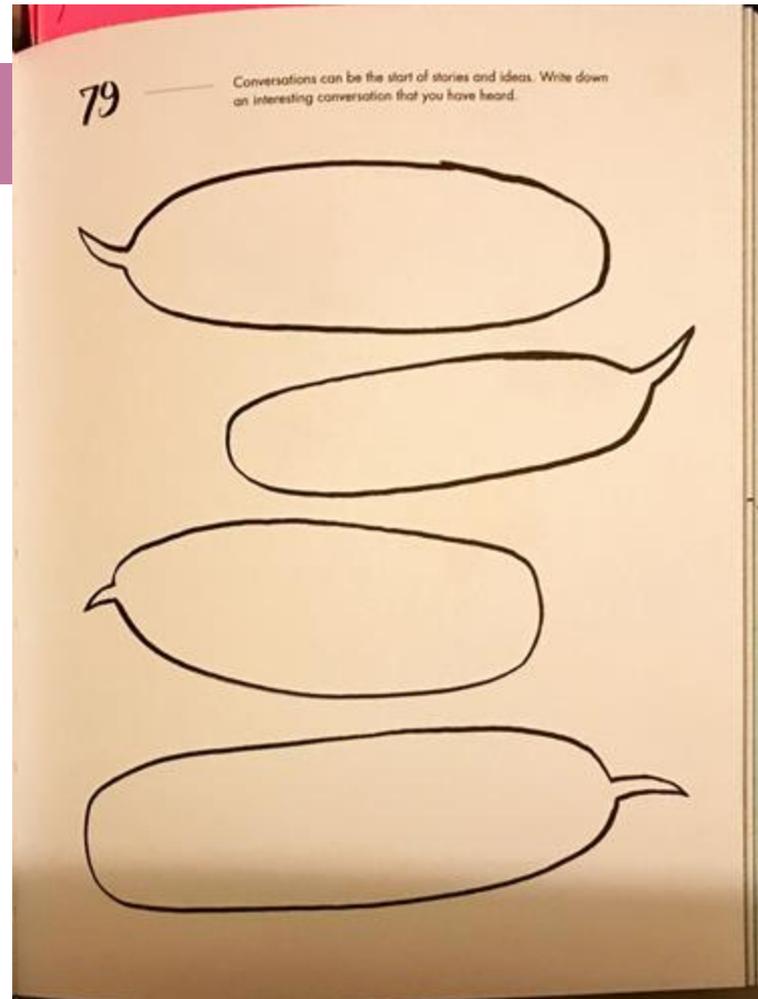
Conversations

Task 1: Write down a conversation you have had/overheard that relates to your theme.

Task 2: Use visual communication to express these conversations (draw, collage, paint these out)

Visual communication is the most effective way of passing information because the human mind processes things in images. The majority of people respond quickly to visual images instead of texts. All companies will hire an advertising designer or graphic designer to help them with this when making adverts, logos and more.

What adverts can you remember really well, just because of the visual communication?



Outside the object

Task: Draw 3 objects that represent your theme.

How can you visually communicate the theme title?

High achievers will ask a family member or friend for their ideas to widen their research.

Task 2: On a new page, now reverse the drawings and only draw the negative space around them,

Definition: Negative space is the space between, within and surrounding an object in an image. The positive space is the focus of the image, the object itself

360

Draw a scene, but instead of drawing the objects themselves, focus on the negative space around them. You may want to very roughly draw your composition in pencil first, but really concentrate on the space and angles around your objects. Look at shapes in between lines rather than lines themselves.



Tip: You could use any material you like for this drawing. Here I've used coloured pencil; if you choose to do the same, it's helpful to keep your pencil nice and sharp.

Positive and negative space

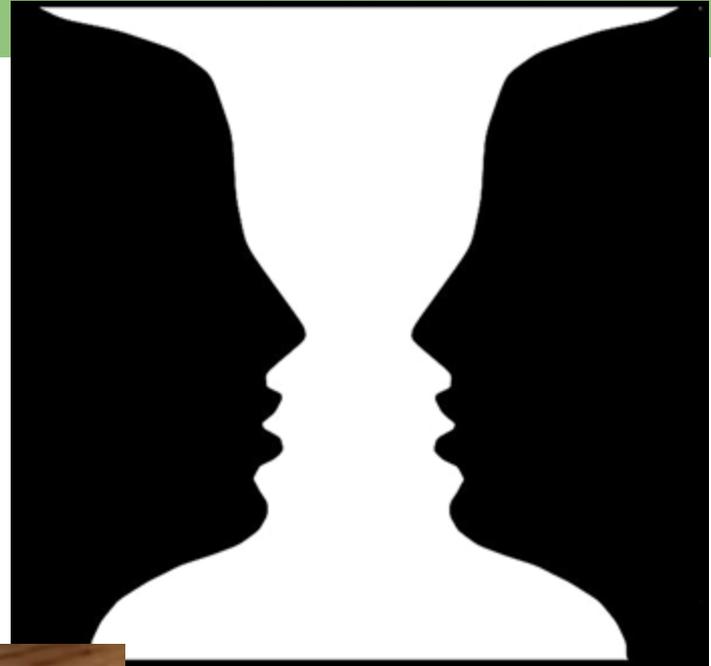
Here is a famous image that shows negative and positive space.

Task: Watch this video:

<https://www.youtube.com/watch?v=XZcDdl4K4Cc>

Create stencil of an object related to your theme by cutting out the positive space and leaving the negative space. Use this stencil in your next page.

High achievers will keep this stencil and use it on page backgrounds.



Layered stencils for backgrounds

